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**DIRECTORY
OF
COMMUNITY
SERVICES

HENRY COUNTY**



Healthy Henry County Communities
407 S. White St., Mt. Pleasant, IA 52641
319-385-6523
www.HealthyHenryCounty.org
www.facebook.com/HealthyHenryCounty

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EMERGENCY

Fire	911
Police	911
Ambulance	911
Emergency Management	319-385-1479
Henry County Sheriff	319-385-2712
Iowa State Patrol	800-525-5555
.....	319-385-8715
Poison Control Center	800-222-1222
Child & Adult Abuse & Neglect (24 hrs/day)	800-362-2178
Foundation 2 Crisis Line	800-332-4224
24 hrs/day – Full Service Crisis Line for General Problems, Family Issues, Financial Issues, Abuse, Rape, Suicide, etc.	
Henry County Health Center	319-385-3141

Other Important Numbers

Updated January 2013

To submit new or corrected information for the next update of this directory please e-mail info@healthyhenrycounty.org

CHILD CARE CENTERS

Early Head Start (birth to 3 years) & Head Start (Preschool) Income guidelines apply www.iowaheadstart.com 1303 W. Washington, Mt. Pleasant	319-385-4523
New London Community Child Care (6wks – 12 yrs) 507 S. Walnut, New London.....	319-367-2412
Child Care Nurse Consultant 110 N Iowa Ave, Suite 300, Washington Co. Public Health.....	319-653-7758
A Registered Nurse (supported by Healthy Child Care Iowa) provides guidance and technical assistance to child care providers, families, and communities regarding the health and safety of children. Covers Washington and Henry counties.	
Iowa Child Care Resource & Referral www.iowaccrr.org Parent Referral line	855-244-5301
Assists families in selecting child care providers who best meet the needs of a child and their family.	
Child Care Consultant	319-371-7809
Provides on-site consultation to licensed preschools, centers, non-registered home providers & child development home providers.	

CHILDREN, YOUTH & FAMILIES

American Red Cross www.redcross.org (Des Moines Co. Chapter) serving Henry County 218 N 3rd St., Ste 804, Burlington.....	319-753-1970
Health and safety classes (CPR, first aid, swimming lessons), disaster services.	
Big Brothers/Big Sisters of the Great River Area www.bbbs.org 629 Blondeau St., Ste 105, Keokuk.....	319-526-3944
Serves children in the tri-state area through a professionally guided one-on-one relationship with a quality volunteer, and assists them in achieving their potential as they grow to become confident, competent, and caring individuals. Serving youth 5-16 years of age.	
Boot Camp for New Dads www.bcnd.org 127 N. Main St., Mt. Pleasant	319-931-0067
Boot Camp for New Dads is relaxed guys-only environment where “veteran” dads teach “rookie” dads what to expect from fatherhood. Boot Camps are held quarterly at no charge. Call for schedule.	
Boy Scouts of America www.mississippivalleybsa.org Mississippi Valley Council #141 3007 Flint Hills Drive, Burlington	319-754-8413
Cub Scouts is a family centered program for boys from 1st – 5th grades that fosters self esteem and teaches cooperation through various activities.	
Boy Scouts is a troop centered program for boys 11 to 18 years of age that builds self esteem, resourcefulness, and leadership skills.	

Venturing and Exploring are programs for young men and young women ages 14 – 20 which aim to assist young people in becoming mature, responsible, caring, and goal oriented individuals.

Center for Cultural Initiatives (CCI)

Sal Alaniz (sal@printgroupusa.com).....**319-385-3270**
Provides initiatives in community education and leadership, support of minority and diversity business initiatives, support and resources for New lowans through collaborative efforts and resources, education and support with poverty initiatives, education, health care, diversity and other quality of life issues and events.

Child Health Specialty Clinics www.chsciowa.org

123 E. 3rd St., Suite 2, Ottumwa**641-682-8145**
Hrs: Monday – Thursday 7am- 5:30pm
Iowa’s Title V program for children with special health care needs. Services are provided to children and youth, birth through 21, who have a chronic condition (physical, developmental, behavioral, or emotional) or who have an increased risk for a chronic condition and a need for special services. Local services in Mt. Pleasant include: family navigator services, autism services, and care coordination. Call for details.

Christamore Family Treatment Center www.younghouse.org

905 S. Iris St., Mt. Pleasant**319-385-2906**
Family Treatment Center is a program of Young House Family Services that provides treatment services for adolescents with behavioral and emotional problems and their families. Residential and school only programs, available for male and female clients ages 11-17.

Community Action of Southeast Iowa www.caofseia.org

Central Office**319-753-0193**
2850 Mt. Pleasant St., Suite 108, Burlington
Hrs: 8:30am – 5pm
Tolson Community Action Center**319-385-2310**
1303 W. Washington, Mt. Pleasant
Hrs: 8am – 4:30pm

CACFP (Child & Adult Care Food Program)

Early Head Start & Head Start – see Child Care section for listing.

Energy Assistance - available to eligible households for assistance in paying utility bills.

FaDDS - Provides family support, resources, and referrals to Promise Job participants.

Food Pantry - available for emergency food.

Housing - Payment planning service & budget counseling, emergency homeless program, funding for shelter or rent payments. Rent rebates for those over 60 years of age or disabled.

SHARE (approximately 35 lbs. food for \$25). Several food packages available, open to anyone.

Weatherization of eligible homes available to improve energy usage and reduce airflow.

WIC (Women, Infant, and Children) supplemental food program for pregnant and nursing mothers and children from birth through age five.

Cradle of Hope Pregnancy Resource Center

1503 E Washington St. (E-3 building), Mt. Pleasant.....**319-968-5336** or **319-931-5759**
Hrs: Mon/Tues 10am-5:30pm, Thurs 10am-8pm
Offers free pregnancy testing, prenatal classes, parenting, life skills classes, mentoring, counseling (pregnancy, adoption, and post termination), health and nutrition, home skills, abstinence, and TD education. Earn While You Learn program allows women to earn “mommy bucks” which can be redeemed for car seats, cribs, diapers, and clothing.

DHS Iowa Department of Human Services www.dhs.state.ia.us

205 W. Madison, Mt. Pleasant.....**319-986-5157**
Hrs: Monday - Friday 8am – 4:30pm
Economic Programs: FIP (Family Investment Program), food assistance, medical assistance (Medicaid). Referrals/funding for service programs including: foster care, shelter care, institutional care, adoption, independent living, day care, and child abuse assessments.

To report child abuse please call 1-800-362-2178

El Heraldo Hispano

Spanish newspaper published twice monthly.
705 East Monroe, Mt. Pleasant
Contact Oscar Argueta**319-385-3431**
Spanish Radio Programs: KILJ AM 1130
Saturday mornings 9am – 10am

Family Connection www.healthyhenrycounty.org/family_connection.htm

127 North Main, Mt. Pleasant.....**319-385-4090**
Hrs: Monday – Thursday 10am-3pm
An early childhood focused family support & education program for parents and their children, ages 0-5, who are striving to improve their health and well-being.

Girl Scouts of Eastern Iowa & Western Illinois www.GSEIWI.org

1308 Broadway St., West Burlington.....**319-752-3639**
Through Girl Scouting and its all-girl environment, girls will gain courage, confidence and character as they encounter lessons about leadership, financial literacy, the environment, healthy living, and science & technology. For girls ages 5-17 to grow into productive citizens and leaders.

Great Prairie Area Education Agency

www.gpaea.k12.ia.us**800-382-8970**
309 E. Monroe St., Mt. Pleasant**319-385-9005**
Hrs: 8am to 4:30pm Monday - Friday

Child Find: A process used by the Special Education staff in cooperation with local school districts to locate, identify, and serve eligible children before they enter school.

Parent Educator Connection: Coordinates partnerships between families, educators, and community providers to promote the success of all children with special needs.

Early ACCESS: Iowa’s early intervention system for children birth to three with

delays in development or health/physical conditions that affect development.
Special Education: Free services to children with special needs and all children with disabilities (birth-21 yrs). Services include: hearing screenings and diagnostic testing, services to the mentally disabled, severe/profound and physically handicapped children located in selected school centers, speech-language services and special education consulting.

Hawk-I Insurance www.hawk-i.org **800-257-8563**
Free or low cost health care coverage for children under age 19 of families who are ineligible for Medicaid and meet the income guidelines.

Henry County Community Health www.hchc.org/communityhealth
407 S. White St., Mt. Pleasant..... **319-385-6724**

Newborn Home Visitor Program: Provides a nurse to visit new moms and babies for education and early interventions/referrals.

Immunization Clinic: Children & adults. Wednesdays & Thursdays 1pm – 4pm, first Thursday 1pm – 6pm.

Lead Program: Lead testing is available at WIC clinics twice monthly or by appointment. Call for more details.

Maternal and Child Health Program: Provides referrals, wellness and dental screening, nutrition education; education for young pregnant mothers on birth of the baby, growth and development.

Women, Infant and Children (WIC): Nutrition education and special foods provided to women who are pregnant, breastfeeding or recently had a baby; children up to 5 years of age. Clinics are held at the Presbyterian Church, usually the 4th Wednesday on a monthly basis. Call 877-854-5640 for appointment.

H2O (Help to Others)
P.O. Box 773, Mt. Pleasant..... **319-931-5426**

Help to Others provides gas cards, gift baskets and other gift cards to families in which an unexpected health crisis has occurred.

Iowa Care www.ime.state.ia.us/IowaCare **800-338-8366**

A limited health care program that covers adults ages 19-64 who would not normally be covered by Medicaid. This program covers some inpatient and outpatient services, physician, and advanced registered nurse practitioner services, limited dental services, routine yearly physicals, smoking cessation, and limited prescription drug benefits. All services must be received and ordered by a participating provider to be covered.

ISU Extension & Outreach Henry County Office www.extension.iastate.edu/henry
127 North Main, Mt. Pleasant..... **319-385-8126**

Hrs: 8am – 4:30pm Monday – Friday

4-H & Youth Programs - Community 4-H clubs, school enrichment, special interest groups and curriculum for youth in a variety of subjects. Opportunities for parents to build stronger families through education programs such as Strengthening Families, Have a Healthy Baby, and Best Beginnings. Community presentations and publications available on topics related to nutrition, budgeting, parenting, & family life. Information and educational programs to prevent farm related

childhood injuries, health risks, and fatalities. Videotapes, farm safety brochures, etc. are available.

Club M / Henry County Mentoring Program www.henrycountymentoring.org

A youth mentoring program that creates one-on-one relationships between a caring, consistent adult with a youth between the ages of 6 through 17. The mentoring matches meet either in a Henry County school or throughout the community. Contact us to learn how you can be involved! Match. Mesh. Belong.

Community Partnerships for Protecting Children (CPPC)

www.healthyhenrycounty.org/cppc.htm

A partnership of caring people made up of citizens, neighborhoods, community leaders, local organizations and agencies that come together with a common goal of keeping our children safe and families strong.

Henry County Substance Abuse Coalition www.healthyhenrycounty.org/drugfree.htm

A coalition and action team that meets the 2nd Monday of each month to reduce the prevalence of substance abuse among our youth. HCSAC mobilizes the community to eliminate substance use and abuse among youth. We focus on helping parents, family members, and other care-givers understand the harmful effects of substance use and abuse on youth, and what they can do to prevent it. HCSAC holds community and youth forums, sponsors youth activities, facilitates support groups, engages in policy advocacy, offers community resource development and provides access to treatment programs. Our strategies for substance abuse prevention rely on community-wide participation, and emphasize parental involvement, advocacy, and collaboration with schools and youth-serving agencies.

ISU Extension Hotlines – see back page for list of hotlines

Juvenile Court Services of Henry County
P.O. Box 433, Mt. Pleasant..... **319-986-5179**

Hrs: 8am to 4:30pm Monday-Friday

Provides supervision to juveniles on probation.

Mid-Iowa Family Therapy Clinic & Institute for Therapy & Psychological Solutions
www.miftc.com

1501 W. Washington St., Ste 104, Mt. Pleasant..... **319-385-1919**

Full range of services including individual therapy, psychological assessments, and intensive outpatient programming. Family counseling, in-home counseling, parenting skills and marital counseling.

Young House Family Services www.younghouse.org
724 N. 3rd St., Burlington..... **319-752-4000**

Christamore Family Treatment Center..... **319-385-2906**

Adolescent Resident Facilities: Mt. Pleasant and Burlington

Adoption Services: Home studies available for adoptive families.

Community Closet and Impact Program: Food, clothing, and resources available.

Community Counseling: Private counseling available to anyone in need.

Family Based Services: Behavioral health intervention services provided to strengthen and improve the family unit.

Substance Abuse Counseling: for adolescents.

YWCA Domestic Violence & Sexual Assault Program www.burlingtony.org/shelter.htm

YWCA Women's Resource Center:
616 N. 8th St., Burlington..... **319-752-0606**
Hrs: Monday thru Friday 8am-5pm (Closed Noon-1pm daily)
24-hour crisis line **800-693-1399**
Safe shelter for women and children. Support and counseling for domestic violence and sexual assault victims. Protection orders, referrals and educational programs. Serving Des Moines, Louisa, and Henry Counties. All services free and confidential.

CHURCHES

MT. PLEASANT

Bible Missionary Church
406 E Clay St..... **319-385-4330**
Calvary Baptist Church www.calvaryconnections.org
803 E. Maple Leaf Dr..... **319-385-3718**
Christian Science Society
206 N. Jefferson St..... **319-385-8039**
Church of Jesus Christ of Latter Day Saints
1100 North Palm Avenue **319-385-1133**
Church of the Open Bible
306 N. Cherry St. **319-385-8229**
Church of the Nazarene (Spanish)
409 E Monroe..... **319-385-9396**
Community of Christ
906 W. Henry St..... **319-385-8073**
Faith Christian Outreach Church www.fcoc.net
1302 E. Washington **319-986-5377**
Faith Lutheran Church –LCMS www.faithsonshine.com
910 Maple Leaf Dr. **319-385-8427**
First Assembly of God
109 W. South St. **319-986-2231**
First Baptist Church www.firstbaptistmp.com
100 E. Webster St. **319-385-4920**
First Congregational-Universalist Church
300 E. Washington St. **319-385-3447**
First Presbyterian Church www.firstpresbyonline.org
902 S. Walnut St. **319-986-5851**
First United Methodist Church www.firstmethodistonline.org
309 N. Main St..... **319-385-1740**
Lincoln Street Baptist Church
1206 N. Lincoln St..... **319-385-7617**
Oakland Mills Community Church www.oaklandmillschurch.org
1530 Oakland Mills Rd..... **319-986-6023**
Open Bible Church
306 North Cherry Street..... **319-385-8229**

Pleasant View Mennonite
1101 N Lucas..... **319-385-8562**
Second Baptist Church
Mt. Pleasant..... **319-385-2010**
St. Alphonsus Church
607 S. Jackson St..... **319-385-8410**
St. Michael's Episcopal Church
202 E. Washington St. **319-385-2633**
Wellspring Evangelical Free Church
1505 E. Washington St. **319-931-8452**
Wesley Chapel Church
2157 200th St..... **319-385-7678**

MT. UNION

United Methodist Church
108 N Roads St. **319-865-4521**

NEW LONDON

Lowell Church
207 Archibald St..... **319-385-9325**
New London Christian Church www.nlclife.com
2770 New London Road **319-367-2627**
Presbyterian Church
400 N. Elm St. **319-367-2744**
United Methodist Church
301 Walnut St..... **319-367-5642**

OLDS

Dove Fellowship
401 South Main..... **319-254-2333**
Olds United Church of Christ
102 W. 2nd St. **319-254-2278**

ROME

Rome Baptist Church
106 E. Maple..... **319-986-6351**

SALEM

Salem Congregational Church
106 E. Oak St..... **319-258-2221**
Salem Friends Church
210 S. Main St. **319-258-7221**

SWEDESBURG

Swedesburg Evangelical Lutheran Church
1897 140th St..... **319-254-2216**

TRENTON

Green Mound Church of God
1275 Merrimac **319-385-8613**

Trenton Missionary Church
202 1st St..... 319-986-2213
United Methodist Church
502 5th St. 319-986-5591

WAYLAND

Bethel Mennonite
3185 Wayland Rd..... 319-256-8531
Cottonwood Methodist Church
1069 110th St..... 319-256-7216
Eicher Emmanuel Mennonite Church
2670 330th St. 319-256-2035
Fern Cliff Evangelical Free Church
2739 Fern Cliff Rd. 319-256-5471
Finley Methodist Church
1501 150th St..... 319-256-5645
Independent Bible Church
413 N. Washington..... 319-256-2136
New Life United Methodist Parish
111 N. Pearl St..... 319-256-4291
Sugar Creek Mennonite Church
1209 Franklin Ave. 319-256-6061
Wayland Mennonite
104 W. 2nd St. 319-256-2743

WINFIELD

First Presbyterian Church
302 S. Locust St. 319-257-6711
Open Bible Church
205 N. Walnut St..... 319-257-3157
United Methodist Church
204 E. Pine St..... 319-257-6741

CITY & COUNTY OFFICES

Mt. Pleasant City Clerk 220 W. Monroe 319-385-1470
New London City Clerk 112 W. Main..... 319-367-7702
Olds City Hall 111 S. Main St. 319-254-2415
Salem City Hall 201 S. Main St. 319-258-4531
Wayland City Hall 218 W. Main St..... 319-256-3276
Winfield City Clerk 115 N. Locust 319-257-6661

POLICE (non-emergency)

Mt. Pleasant 319-385-3511
New London 319-367-7700
Olds 319-385-2712
Salem 319-385-2712
Wayland 319-256-3276
Winfield 319-257-6661

Henry County Courthouse www.henrycountyiowa.us
100 E. Washington St., Mt. Pleasant
Motor vehicle registration, drivers licenses, property taxes & more

Henry County Emergency Management
900 West Washington St., Mt. Pleasant..... 319-385-1479
www.henrycountyiowa.us/offices/ems

Henry County Sheriff www.henrycountyiowa.us/offices/sheriff
106 E. Clay St., Mt. Pleasant..... 319-385-2712

Iowa State Patrol
1300 S. Grand Ave., Mt. Pleasant..... 319-385-8715

COUNSELING

Alcohol and Drug Dependency Services (ADDS) www.addsiowa.org
1340 Mt. Pleasant St., Burlington..... 319-753-6567
122 N. Main St., Mt. Pleasant 319-385-2216

Hrs: 8am - 5pm, Monday – Friday
Services: Outpatient substance abuse treatment, residential substance treatment (Burlington), problem gambling treatment, Drug Free Workplace programming, prevention education, substance abuse screenings, OWI screenings and classes, Juvenile Diversion. Problem gambling crisis intervention 1-800-BETS-OFF.

Birthright www.birthright.org
1113 S. Main St., Burlington..... 319-753-2702
Hrs: Mon-Thurs 11:30 am-4:30 pm; Fri 9am-1pm; Sat 11:30 am-3:30 pm

24 hour hotline..... 800-550-4900
International pregnancy service, pregnancy testing. Free and Confidential. Call, a friend is waiting.

Optimae LifeServices www.optimaelifeservices.com
106 N. Jackson St., Suite 103, Mt. Pleasant..... 319-385-8051

Individual, family and group outpatient mental counseling for children and adults. Psychiatric and psychological evaluations, medication management. Licensed psychiatrists, social workers and psychologist on staff. Supported community living and psychiatric rehabilitation.

Mid-Iowa Family Therapy Clinic & Institute for Therapy & Psychological Solutions
www.miftc.com
219 W. Monroe St., Mt. Pleasant..... 319-385-1919

See listing under Children, Youth & Families section.

Young House Family Services www.younghouse.org
724 N. 3rd St., Burlington..... 319-752-4000

Community counseling program: private counseling and/or referral available to anyone in need.

EDUCATION

Preschools

Grasshopper Green 508 N. Broadway, Mt. Pleasant.....	319-385-4243
Grow 'N' Glow 304 E. Main St., New London.....	319-367-5303
Head Start www.iowaheadstart.com 1303 W. Washington, Mt. Pleasant.....	319-385-4523
Full day and part day classes for children ages 3 – 5 years of age.	
Little Bees Christian Preschool 100 E. Webster, Mt. Pleasant.....	319-385-4920
Mount Pleasant Christian School www.mtpleasantchristian.com 1505 E. Washington St., Mt. Pleasant.....	319-385-8613
Son Shine Academy Faith Lutheran Church 910 Maple Leaf Dr., Mt. Pleasant.....	319-385-7336
WACO Community Schools Preschool www.wacoys.com 200 S. Main St., Crawfordsville.....	319-658-2931
WMU Warmth & Wonders Preschool 208 S. Olive Street, Winfield.....	319-257-7700

Schools

Mt. Pleasant Community Schools www.mt-pleasant.k12.ia.us	
Mt. Pleasant Community High 2104 S. Grand Ave.....	319-385-7700
Wisdom Quest Alternative High 400 E. Madison.....	319-385-7709
Middle School 414 N. Adams.....	319-385-7730
Discovery Center, Mt. Pleasant Middle School At-Risk Program Learning assistance for 6th -8th graders focusing on homework, organization, life skills, and community involvement.	
Harlan Elementary 1001 N. Main St.....	319-385-7762
Lincoln Elementary 501 S. Corkhill.....	319-385-7765
Salem Elementary 412 E. Jackson, Salem.....	319-258-7799
Van Allen Elementary 801 E. Henry.....	319-385-7771
Mt. Pleasant Christian School www.mtpleasantchristian.com Kindergarten – 12th Grade 1505 E. Washington St.....	
319-385-8613	
New London Community Schools www.new-london.k12.ia.us	
Junior-Senior High 101 Jack Wilson Dr.....	319-367-0500
Clark Elementary 401 S. Walnut.....	319-367-0507
WACO Community Schools www.wacoys.com	
Junior-Senior High 706 N. Pearl, Wayland.....	319-256-6200
Elementary 200 S. Main, Crawfordsville.....	319-658-2931
Winfield-Mt. Union Community Schools www.wmu.k12.ia.us	
Junior-Senior High 208 S. Olive.....	319-257-7701
Elementary 208 S. Olive.....	319-257-7701

Great Prairie Area Education Agency www.gpaea.k12.ia.us

309 E. Monroe St., Mt. Pleasant **319-385-9005** or **800-382-8970**
Services to all children including those with special needs and disabilities
(birth-21 years). See listing in Children, Youth and Families section.

Post-Secondary Education

Iowa Wesleyan College www.iwc.edu 601 N. Main St., Mt. Pleasant.....	319-385-8021 or 800-582-2383
Southeastern Community College www.scciowa.edu Mt. Pleasant Center, 200 N. Main.....	319-385-8012
Burlington & Keokuk Campuses.....	866-722-4692

Adult Basic Education

Iowa State University Extension www.extension.iastate.edu/henry 127 North Main, Mt. Pleasant.....	319-385-8126
Hrs: 8am – 4:30pm Monday – Friday	
Information and educational programs: Aging, childcare, child development, consumer decisions, financial management, family relationships, food safety, leadership, nutrition, parent education, and youth.	

Southeastern Community College www.scciowa.edu Mt. Pleasant SCC Center, 200 N. Main.....	319-385-8012 or 866-722-4692
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General Adult Assistance	
Mon - Fri 9am – noon, Tuesday/Thursday 1pm – 3pm, Mon/Wed 5pm – 7pm Help with reading, writing, math and thinking abilities in order to enter a college or vocational training program or to seek and upgrade employment skills. Prepare for GED (General Educational Development) testing. Instruction is FREE. Books may be purchased at minimal cost.	
E.S.L. (English as a Second Language)	
Mon, Wed, Fri 11am – 4pm, Mon & Wed 5:30pm – 8:30pm Classes are available to help non-English speaking adults learn English. Emphasis is on speaking, listening, reading and writing. Classes are FREE to students. Books may be purchased at a low cost.	
Small Business Development Center	
Southeastern Community College, Burlington..... 866-722-4692, ext. 5381 319-208-5381	
Offers free and confidential one-on-one consulting for business owners to start, expand or close their business.	

EMPLOYMENT/JOB TRAINING & PLACEMENT

FaDDS Family Development Self-Sufficiency Program www.iowafadss.org	
Tolson Community Action Center.....	319-385-2310
Program to assist families who are participating in the Family Investment Program (FIP) achieve economic and social self-sufficiency.	

Iowa Vocational Rehabilitation Services www.ivrs.iowa.gov

1000 N. Roosevelt, Suite 7, Burlington.....**319-753-2231**
Provides individualized services to eligible individuals with disabilities, which may include: Diagnostic and/or evaluation services needed to assess employability and vocational rehabilitation potential, physical and mental restoration services, vocational training, guidance and vocational counseling, career exploration, job placement & retention counseling, adaptive devices, business consultation for disability related services, and other appropriate services & programs for individuals with disabilities. The Burlington area office services the counties of Des Moines, Henry, Lee, and Louisa.

IowaWORKS www.iowaworkforce.org/region16/

1000 N. Roosevelt Ave., Burlington.....**319-753-1671 or 800-642-4032**
Hrs: Monday, Tuesday, Thursday, Friday 8:30 – 4:30, Wednesday 9-4:30
Ft. Madison 933 Ave H.....**319-372-4412**
Processes unemployment insurance claims, provides job placement services to unemployed and underemployed individuals. Helps employers locate qualified individuals for openings, provide labor market information on request. Computers available to complete resumes, access job and career information, provide veterans of the military services employment / career information, and provide proficiency testing in areas such as typing and keyboarding.

Promise Jobs

1000 N. Roosevelt Ave., Burlington.....**319-753-1671 or 800-642-4032**
Hrs: Monday, Tuesday, Thursday, Friday 8:30 – 4:30, Wednesday 9-4:30
Pre-employment and on the job training, institutional skill training, secondary education certification, and remedial & basic skills training. Financial assistance for low-income persons with tuition, childcare and transportation. This program is available for individuals on the Family Investment Program (FIP). (Application approval and referral from DHS required).

Team Staffing Solutions www.teamssi.com

114 E. Monroe Street, Suite 103, Mt. Pleasant.....**319-385-8844**

Temp Associates www.tempassociates.com

301 E. Washington, Suite 100, Mt. Pleasant.....**319-385-1724**

Workforce Investment Act (WIA) www.iowaworkforce.org/region16/

1000 N. Roosevelt Ave., Ste 9, Burlington.....**319-753-1671 or 800-642-4032**
Hrs: Monday, Tuesday, Thursday, Friday 8:30 – 4:30, Wednesday 9-4:30
Also available in Ft. Madison.
Youth: Formerly known as JTPA (The Job Training Partnership Act). Works with youth (ages 16-24), adults (age 18 and up) and dislocated workers. Goals for the youth program include helping youth find and keep a job that will lead to self-sufficiency. Works with out-of-school or in-school youth, enforcing the tie between academic learning and employment.
Adult Assistance: Pre-employment and on the job training, institutional skill training, secondary education certification, remedial & basic skills training. Financial assistance for low-income persons with tuition, childcare and transportation, if eligible.

FOOD, CLOTHING & FINANCIAL

Community Action of Southeast Iowa www.caofseia.org

Central Office.....**319-753-0193**
2850 Mt. Pleasant St., Suite 108, Burlington Hrs: Mon. - Fri. 8:30am – 5pm
Tolson Community Action Center.....**319-385-2310**
1303 W. Washington, Mt. Pleasant Hrs: Mon. - Fri. 8am – 4:30pm

Food Pantry: Available for emergency food.
WIC: (Women, Infant and Children) Supplemental food program for pregnant and nursing mothers and children from birth through age five.
CACFP: Child & adult care food program for day care providers.
SHARE: Food program provides approximately 35 lb of food for \$25 and two hours of community service. This program is available to everyone. Emergency financial assistance available for shelter, rent, and utilities.
Energy assistance: Available to eligible households for assistance in paying utility bills.
Weatherization of eligible homes to improve energy usage and reduce airflow.

Congregate (Senior Dining) or Home Delivered Meals

Mt. Pleasant – Senior Deli Dining @ Hy-Vee Food Store - 1700 E. Washington
Mon – Fri lunch served 11am-1pm
1st step is to call – **1-800-292-1268** to sign up for a meal card or to inquire about home delivered meals.
To cancel a senior deli dining meal – call **319-385-2266** (Hy-Vee)
To cancel a home delivered meal – call **1-800-292-1268** (AAA)
Salem - Community Building, 201 S. Main St.....**319-258-4111**
Hrs: Mon. - Fri. 10am – 1pm Lunch at noon
Winfield - VFW Building 116 N. Locust St.....**319-257-6921**
Hrs: Mon. - Fri. 9:30 am – 12:30 pm Lunch at noon

DHS Iowa Department of Human Services www.dhs.state.ia.us

Henry County 205 W. Madison, Mt. Pleasant.....**319-986-5157**
Hrs: Monday - Friday 8am – 4:30pm
Economic Programs: FIP (Family Investment Program), Food Assistance, Medical Assistance (Medicaid).
Iowa Care: Limited Medicaid at UIHC for individuals ages 19-65.

Fellowship Cup www.thefellowshipcup.org

203 N. Jefferson, Mt. Pleasant.....**319-385-3242**
Hrs: Monday-Friday 8am – 5pm. If doors are locked, go to Quarter Store.
Food pantry & holidays meals for needy, clothing ministry, & homeless program.
Community meal 11:30am - Call for schedule.

Quarter Maybe More Store

112 N. Jefferson, Mt. Pleasant.....**319-385-3262**
Hrs: Monday-Friday 10am-5pm; Saturday 9am-12pm. Open to everyone.
Friendship House.....**319-385-3242**
Shelter for family visiting prisoners at the Medium Security Unit.

FISH Program

203 N. Jefferson, Mt. Pleasant..... 319-385-3242
Hrs: Monday - Friday 8:00am – 5:00pm
Meal or one night lodging, gas or bus ticket for transients or travelers in emergency situation. (Must be transient, not a resident of Henry County).

Henry County General Assistance

106 N. Jackson, Mt. Pleasant..... 319-385-0790
Hrs: Monday – Friday 8am – 4:30pm (Closed for lunch from 12:00-1:00 pm)
General Assistance: provides residents of Henry County with temporary financial assistance with basic needs, such as rent, utility, burial or limited medical assistance

Salvation Army - Henry County General Assistance

106 N. Jackson, Mt. Pleasant..... 319-385-0790
Hrs: Monday – Friday 8am to 4:30pm (Closed for lunch from 12:00- 1:00 pm)
Provision of gasoline for transients.

Young House Family Services www.younghouse.org

724 N. 3rd St, Burlington..... 319-752-4000
Community Closet and Impact: food, clothing, and other services available.

HEALTH CARE

Ambulance Service

Henry County Health Center: 24 hour paramedic service..... 911

Community Health Centers of Southeastern Iowa, Inc. (CHC/SEIA) www.chcseia.com

Medical Clinic 1706 W. Agency Rd., West Burlington 319-768-5858
Dental Clinic 1706 W. Agency Rd., West Burlington..... 319-752-5540
Provides a full range of medical and dental cares for all ages. Affordable health care for all who need it. Patients without insurance will pay for services based on household size and income.

Family Medicine of Mt. Pleasant

501 S. White St., Mt. Pleasant..... 319-385-6700

Great Prairie Area Education Agency www.gpaea.k12.ia.us

309 E. Monroe St., Mt. Pleasant 319-385-9005 or 800-382-8970
Hearing screenings, speech-language services and more to children with special needs and all children with disabilities (birth-21 years). See complete listing in Children, Youth and Families section.

Great River Home Health and Hospice Care www.greatrivermedical.org

1306 S. Washington Rd., West Burlington..... 319-768-3350
Home Health Care: skilled nursing, home health aide, physical therapy, occupational therapy, speech therapy, and social workers available.
Hospice: assistance in going through the end-of-life process, bereavement, chaplain, and social work assistance available.

HCI Care Services www.hospiceofcentraliowa.org

118 N. Main, Mt. Pleasant 319-385-4472
Hospice Care & ExtraCare Services: Care for the terminally ill to include nursing, home health aides, chaplain services, volunteers, social workers, pharmacists, medical equipment, and bereavement counseling.
HCI Palliative Medicine: available to chronically and seriously ill individuals that are still seeking treatment but are looking for comfort care.

Henry County Health Center www.hchc.org

407 S. White St., Mt. Pleasant..... 319-385-3141

Henry County Health Center offers the following services:

Anesthesia and Pain Management	Inpatient Services Department
Cardiac & Cardiopulmonary Rehabilitation	Laboratory
Cardiopulmonary Diagnostics	Lifeline Medical Response System
Community Health	Maternity Services
Diabetes Education Center	Nutrition Education
Dialysis	Park Place Elder Living
Emergency Department	Rehabilitation Services
Emergency Medical Services/Ambulance	Sleep Lab
Ideal Protein	Specialty/Outpatient Clinic
Imaging Services/Radiology	Surgery Department
Infusion Therapy/Chemotherapy	Wound Care

Medical specialties offered at Henry County Health Center include:

Audiology	Neurology
Business Health	Obstetrics/Gynecology
Cardiology	Oncology
Dermatology	Ophthalmology
Ears, Nose, Throat	Orthopaedics
Emergency Medicine	Orthotics/Prosthetics
Endocrinology	Podiatry
Family Practice	Pulmonology
Gastroenterology	Radiology
General Surgery	Urology
Internal Medicine	Wound Care

Henry County Community Health Department www.hchc.org/communityhealth

407 S. White St., Mt. Pleasant..... 319-385-6724

Adult Health Maintenance Program: Public Health Nurse home visits are available to set up medications in a dispenser, assessment and other medical interventions.
Breast and Cervical Cancer Early Detection Program: Provides assistance for mammograms, pelvic exams, and cardiovascular screening for women who qualify.
Homemaker Program: Home Care Aide will make home visits to give personal care, do housekeeping, laundry and food preparation.
Immunization Clinic: Children and adults. Wednesdays & Thursdays 1:00 pm – 4:00 pm, first Thursday of the month 1:00 pm – 6:00 pm. In the fall, flu shot clinics are scheduled at various community sites.

Maternal and Child Health Program: Provides wellness and dental screening, nutrition education; education for young pregnant mothers on birth of the baby, growth and development; home visitor program provides a nurse to visit new moms and babies for education and early interventions/referrals.
Sanitation: Sewer permits, on-site inspection and approval of waste water treatment and disposal systems. Water and radon testing services available.
Senior Health Program: Blood pressure screenings and education for health promotion at the senior citizen sites in the county once a month.

New London Family Health www.newlondonfamilyhealth.com
 111 W. Washington St., New London..... 319-367-2241

Planned Parenthood of Southeast Iowa-Henry County
www.plannedparenthood.org/ppsi
 114 E. Monroe St. Suite 111, Mt. Pleasant..... 319-385-8220

Hrs: Monday 12pm-5:30pm, Tuesday 10:30am-5pm, Thursday 8:30am-1pm
 Services: Abortion Referral, Birth Control, General Health Care, HIV Testing, LGBT Services, Men’s Health Care, Morning-After Pill, Pregnancy Testing & Services, Women’s Health Care, and STD Testing, Treatment, & Vaccines

ResCare HomeCare www.rescarehomecare.com
 Washington, IA serves Henry County.....866-737-2273 or 319-213-9679
 Provides personalized home care services to people of all ages, physical conditions and cognitive abilities.

Dr. Savage, Internal Medicine/Cardiology
 107 E. Madison St., Mt. Pleasant..... 319-385-4915

Southeastern Renal Dialysis LC
 507 S. White St., Mt. Pleasant..... 319-385-6720
 Site locations in Mt. Pleasant, W. Burlington, Fairfield, Keokuk and Ft. Madison.

Tree of Life Free Medical Clinic
 2739 Fern Cliff Road, Wayland 319-930-3001
 Limited clinic hours, call for appointment

VA Hospitals and Clinics of Iowa City (Veterans only) www.iowacity.va.gov
 601 Hwy 6 West, Iowa City 319-338-0581 or 800-637-0128

Wayland Community Clinic (Physicians and Clinics of HCHC)
 227 W. Main, Wayland 319-256-7100
 Hrs: Mon/Thurs 8:30am-Noon and 1pm-5pm, Wed 8:30am-11:30am

Winfield Community Clinic (Physicians and Clinics of HCHC)
 110 W. Pine, Winfield 319-257-6211
 Hrs: Tues/Fri 8:30am-Noon and 1pm-5pm, Wed 1pm-4pm

HOUSING

American Red Cross (Emergency Disaster Assistance) www.qcredcross.org
 218 N. 3rd, Ste 804, Burlington..... 319-753-1970 or after hours at 309-743-2166
 Servicing Des Moines and Henry Counties.

Burlington Area Homeless Shelter
 123 North Marshall St., Burlington..... 319-754-6791

Henry County Habitat for Humanity www.habitatiowa.org 319-986-6153

Southeast Iowa Regional Housing Authority
 218 N. 3rd Street, Burlington..... 319-753-5109
 Hrs: Monday - Friday 8am – 4pm

Rental assistance: Applicants must meet eligibility requirements regarding income guidelines and family status. Single persons are eligible only if elderly, disabled, or handicapped.

USDA Rural Development www.rurdev.usda.gov
 709 S. Iris St., Mt. Pleasant 319-986-5800
 Provides rental assistance, housing loans and grants.

Apartments

Brucemore Apartments
 Mt. Pleasant..... 319-385-8346

Chesapeake Apartments (low-income)
 800 N. Palm Ave., Mt. Pleasant..... 319-385-8076

Colonial Apartments
 115 E. Monroe, Mt. Pleasant 319-385-4246

Englewood Village Apartments (low income)
 101 E. Langdon St., Mt. Pleasant 515-689-8593

The Folks Apartment (seniors and disabled persons) *Smoke-Free!*
 308 N. Adams, Mt. Pleasant..... 319-385-9610

Maple Place Apartments
 405 W. Maple, Winfield 319-257-6611

Mapleleaf Apartments (seniors and disabled persons) *Smoke-Free!*
 704 E. Mapleleaf Dr., Mt. Pleasant..... 319-385-2937

Meadowbrook Apartments (low income)
 700 N. Cherry St., Mt. Pleasant..... 319-931-2386

Mt. Pleasant Park Apartments (low income)
 1202 N. Palm Ave., Mt. Pleasant 641-919-6385

Oakwood Village Properties
 915 West Hill, Mt. Pleasant 319-986-6039

Plantation Apartments
 306 W. Monroe, Mt. Pleasant 319-986-5717

Ramey Retirement Center (seniors and disabled persons)
 500 W. Washington, New London..... 319-931-5562

Salem Community Homes (seniors and disabled persons)
 Salem - Apply at 109 Jefferson St., Mt. Pleasant..... 319-385-2812

South Park Apartments (low income)

Mt. Pleasant - Apply at 109 Jefferson St., Mt. Pleasant..... 319-385-2812

State St. Apartments

Mt. Pleasant..... 319-385-9207

Swedesburg Apartments (seniors and disabled persons)

Swedesburg - Apply at 109 Jefferson St., Mt. Pleasant 319-385-2812

Way Mar Apartments (seniors and disabled persons)

Wayland - Apply at 109 Jefferson St., Mt. Pleasant..... 319-256-6082

Westview Apartments (seniors and disabled persons)

606 W. Central, Winfield..... 319-865-7281

Winfield Village Apartments (low income)

405 S. Maple, Winfield..... 515-225-1638

LEGAL

Attorney Referral Services of the Iowa State Bar Association www.iowafindalawyer.com
..... 800-532-1108

Henry County Attorney www.henrycountyiowa.us
100 E. Washington, Suite 101, Mt. Pleasant..... 319-385-0752

Henry County Mediation 319-931-2679
Dispute resolution mediated by trained volunteers. This service is provided free of charge for all but divorce mediation and truancy.

Iowa State Public Defender
216 South 3rd, Burlington..... 319-753-5163

Iowa Legal Aid www.iowalegalaid.org
Iowa City Office 800-532-1275
Provides critical legal assistance to low-income and vulnerable Iowans who have nowhere else to turn.

State Attorney General www.iowaattorneygeneral.org
Consumer Protection Division 515-281-5926 or 888-777-4590

LIBRARIES

Crew Public Library www.salem.lib.ia.us
107 East Cherry St., Salem 319-258-9007
Hrs: Mon/Thurs 1-5pm, Wed 1-6pm, Thurs 1-7pm, Sat 9am-1pm, Fri/Sun closed

H J Nugen Public Library www.newlondon.lib.ia.us
103 E. Main St., New London..... 319-367-7704
Hrs: Mon 10am-8pm, Tues/Thurs/Fri 10am-6pm, Wed 1-6pm, Sat 9am-1pm

Hillsboro Public Library
100 W. Commercial, Hillsboro 319-253-4000
Hrs: Mon/Wed/Fri 3:30pm-6pm, Sat 9am-11am

Mt. Pleasant Public Library www.mountpleasantiowalibrary.com
307 E. Monroe St., Suite 101 Mt. Pleasant..... 319-385-1490
Hrs: Mon-Thurs 9:30am-8:00pm, Fri 9:30am-5:30pm, Sat 9:30am-5pm, Sun closed

J. Raymond Chadwick Library chadwick.iwc.edu
Iowa Wesleyan College, Mt. Pleasant 319-385-6317

Winfield Public Library www.winfield.lib.ia.us
112 W. Ash St., Winfield 319-257-3247
Hrs: Mon/Wed/Fri 10am-6pm, Tues/Thurs 2pm-6pm, Sat 9am-12pm, Sun closed

MENTAL HEALTH

Child Health Specialty Clinics (CHSC) www.chsciowa.org
123 E. 3rd St., Suite 2, Ottumwa 641-682-8145
Hrs: Monday – Thursday 7am- 5:30pm
See Children, Youth & Families section for description of services.

Clerk of Court www.henrycountyiowa.us/offices/clerkofcourt/index.htm
Mt. Pleasant 319-385-2632
Takes applications for court ordered hospitalization or mental health or substance abuse.

Henry County Central Point of Coordination
www.henrycountyiowa.us/offices/cpc/index.htm
106 N. Jackson St. Suite 102, Mt. Pleasant 319-385-4050
Hrs: Monday - Friday 8am-12pm, 1pm-4:30pm
Funding assistance and referral for mental health, mental retardation, and developmental disability related services.

Mental Health Institute, Center for Adult Psychiatric Care
1200 E. Washington St., Mt. Pleasant..... 319-385-7231
Hrs: Monday – Friday 8am-4:30pm
www.dhs.iowa.gov/Consumers/Facilities/MtPleasant.html
14 bed psychiatric program & 15 bed dual diagnosis program. Iowa Residential Treatment Center-50 bed chemical dependency program. For adults 18 years of age and older.

Optimae Life Services www.optimaelifeservices.com
106 N. Jackson St., Suite 103, Mt. Pleasant..... 319-385-8051
Individual, family and group outpatient mental counseling for children and adults. Psychiatric and psychological evaluations, medication management. Licensed psychiatrists, social workers and psychologist on staff. Supported community living and psychiatric rehabilitation.

Sunrise Enterprise
307 E. Washington St., Mt. Pleasant 319-385-2910
Outpatient mental health counseling, medication management, and evaluations.

SENIOR CITIZENS

Area Agency on Aging (AAA) www.southeastiowa.org www.seneca-aaa.org
Southeast Iowa AAA 509 Jefferson St., Burlington ..319-752-5433 or 1-800-292-1268
Seneca AAA 117 N. Cooper, Suite 2, Ottumwa641-682-2270 or 1-800-642-6522
Offices merging into Milestones July 2013. Call 1-800-532-3213 if other numbers don't work.

Provides funding for community-based services that enable seniors to remain in their own home and community for as long as possible. Services also include those that offer support to family caregivers. Contact us for information/assistance about resources and services for seniors 60 years of age and older in Southeast Iowa.

Community & Senior Centers

Fellowship Cup

203 N. Jefferson, Mt. Pleasant 319-385-3242
Community meal 11:30am on specified days, tax help (February – April) Mon, Wed, Fri, 2-4pm, card playing Wednesdays 12-2pm.

Hillsboro 106 E. Commercial Street (by rental only) 319-253-4465

Mt. Union 209 East Lehigh 319-865-1402

New London 106 North Division (by rental only) 319-385-7702

Salem 201 South Main Street 319-258-4111

Winfield 116 North Locust Street..... 319-257-6921

Congregate (Senior Dining) or Home Delivered Meals

Mt. Pleasant – Senior Deli Dining @ Hy-Vee Food Store - 1700 E. Washington

Mon – Fri lunch served 11am-1pm

1st step is to call – 1-800-292-1268 to sign up for a meal card or to inquire about home delivered meals.

To cancel a senior deli dining meal – call 319-385-2266 (Hy-Vee)

To cancel a home delivered meal – call 1-800-292-1268 (AAA)

Salem - Community Building, 201 S. Main St..... 319-258-4111

Hrs: Mon. - Fri. 10am – 1pm Lunch at noon

Winfield - VFW Building 116 N. Locust St..... 319-257-6921

Hrs: Mon. - Fri. 9:30 am – 12:30 pm Lunch at noon

Dependent Adult & Child Abuse or Neglect Hotline..... 1-888-270-3864

Experience Works

1000 N. Roosevelt, Burlington 319-752-4364

Variety of programs to help mature individuals 55 and older enter the workforce, move into new career areas, or supplement their income.

Henry County Community Health Department www.hchc.org/communityhealth

407 S. White St., Mt. Pleasant..... 319-385-6724

Senior Health Program: Blood pressure screenings and education for health promotion at all senior citizen sites in the county once a month.

Adult Health Maintenance Program: Public Health Nurse home visits are available to set up medications in a dispenser, assessment and other medical interventions.

Homemaker Program: Home Care Aide will make home visits to provide personal care, house keeping, laundry, and food preparation.

Hy-Vee Drugstore

129 South Jefferson, Mt. Pleasant 319-385-3163

Home medical supplies sales and rentals: Covering a wide array of items from C-Pap, Oxygen, incontinence, hospital beds, ostomy supplies, catheter, lift chairs, nebulizers, scooters, walkers, braces, reach aids, tends units, diabetic shoes, compression stockings, crutches. We accept most insurance as well as Medicare accredited. We repair and service many items also.

Personal Shopper service: All items sold at the store are eligible for purchase. \$20 minimum order, 25 mile delivery radius, \$3 delivery fee. Order forms available at the store or by e-mail. Delivery days are Tuesday and Thursday. Order by phone (319-385-8781), fax (319-385-1257), e-mail (7057director@hy-vee.com), or drop off your order. All orders must be received by 9am day of delivery. We will call with total of purchase before delivery.

Lifeline

Henry County Health Center..... 319-385-3141

A personal call button 24 hours a day/365 days a year

Mom's Meals

Ready to heat meals delivered right to your door 1-877-508-6667

Pharmacy Delivery

Hy-Vee Drugstore

129 South Jefferson, Mt. Pleasant 319-385-3163

Hy-Vee Pharmacy

1700 East Washington, Mt. Pleasant..... 319-986-6979

Hy-Vee Clinic Pharmacy

3 Park Plaza, Mt. Pleasant 319-385-6745

Wal-Mart Pharmacy (mail out)

1045 North Grand Ave., Mt. Pleasant 319-385-8600

Prescription Drug Drop-Off Site

Mt. Pleasant Police Station 204 E. Washington Street

Hrs: Monday - Friday 8 am - 4 pm

Drop off unused and expired prescription or over the counter medications (needles will not be accepted)

RSVP Retired Senior Volunteer Program www.healthyhenrycounty.org/rsvp.htm

407 S. White St., Mt. Pleasant..... 319-385-6547

Matches interests of people over 55 with rewarding part-time volunteer opportunities for community service through local non-profit and public agencies.

Senior Health Insurance Information Program (SHIIP) www.shiip.state.ia.us

E-mail: shiip@iid.state.ia.us 1-800-351-4664

Information regarding Medicare benefits and claims, Medicare choices, Medicare supplement insurance, long-term care insurance, and other types of health insurance sold to older Iowans.

Social Security Administration www.ssa.gov
 3920 Division St., Burlington..... **1-800-772-1213**
 Hrs: Mon/Tues/Thurs/Fri 9am-3pm, Wed 9am-12pm, Sat/Sun/Holidays closed

Senior Housing

Arbor Court South (Independent living)
 126 W. Stonebrook Dr., Mt. Pleasant..... **319-385-9144**

Sunny Brook Assisted Living
 1406 E. Linden Drive, Mt. Pleasant **319-385-7227**
 RN supervised care, full meal service, weekly housekeeping service, emergency call system, activities program, and Memorial Gardens.

Van Vohries Haus
 601 W. Monroe, Mt. Pleasant **319-385-3935**
 Assisted living, private pay, adult daycare available.

NURSING HOMES

Arbor Court 701 E. Mapleleaf Dr., Mt. Pleasant **319-385-1400**

New London Nursing and Rehab Center www.careinitiatives.org
 100 Care Circle, New London **319-367-5753**

Park Place Elder Living www.hchc.org/park_place
 401 S. Van Buren, Mt. Pleasant..... **319-385-6192**

Park View 102 N. Jackson, Wayland..... **319-256-2775**

Pleasant Manor Care Center 413 N. Broadway St., Mt. Pleasant..... **319-385-8095**

Sunrise Terrace Care Center 706 W. Central Ave., Winfield **319-257-3303**

SENIOR APARTMENTS: see the Housing section

SERVICES FOR THE DISABLED

Child Health Specialty Clinics (CHSC) www.chsciowa.org
 123 E. 3rd St., Suite 2, Ottumwa **641-682-8145**
 Hrs. Monday – Friday 7am- 5:30pm
 See Children, Youth & Families section for description of services.

Henry County Veterans Affairs Office
www.henrycountyiowa.us/offices/veterans/index.htm
 106 N. Jackson, Mt. Pleasant..... **319-385-0792**
 Hrs: Tuesdays-10am-12pm, 12:30pm-4:30pm, 6pm-8pm; Wednesdays-8am-12pm;
 Thursdays-8am-12pm, 12:30pm-4:30pm
 Provides information and assistance to veterans and their families. i.e. rent, utilities, and burial. A resource for veterans with disabilities.

Hope Haven Area Development Corporation www.hopehavencorp.com
 828 N. 7th St., Burlington..... **319-754-4689**
 Programs for persons with disabilities: evaluation, personal, social & community services, work adjustment, supported employment, job placement, residential services, respite care, community supervised apartment living, supported community living, home modification.

Hope Haven Flexible Services www.hopehavencorp.com
 502 N. Lincoln St., Mt. Pleasant..... **319-385-9980**
 DayProgramservingindividualswithvaryingdisabilities.Trainedprofessionalstaffassists individuals with independent life skills, and opportunities to establish new friendships through group socialization. Job opportunities for paid assembly work are also offered.

Insight Partnership Group LLC www.insighthumanservices.vpweb.com
 2205 E. Washington, Mt. Pleasant..... **319-385-2046**
 Supported Community Living, Respite, Day Habilitation, Payee Services and Service Educational Opportunities

Iowa Vocational Rehabilitation Services www.ivrs.iowa.gov
 1000 N. Roosevelt, Suite 7, Burlington..... **319-753-2231**
 Provides individualized services to eligible individuals with disabilities. See full listing in the Employment/Job Training section.

Optimae LifeServices www.optimaelifeservices.com
 106 N. Jackson St., Suite 103, Mt. Pleasant..... **319-385-8051**
 See full listing in Mental Health section.

REM Iowa www.remiowa.com
 101 S. Cherry St., Suite 2, Mt. Pleasant **319-385-2343**
 Supported home and community based services for persons with physical and mental disabilities.

Van Buren Job Opportunity (supported employment)
 308 Mulberry, Keosauqua..... **319-293-6276**
 Serves Henry, Lee, Jefferson, Van Buren and Wapello counties. Helps with job placement and job coaching.

WCDC Incorporated
 1425 W. 5th Street, Washington **319-653-7248**
 Supported Community Living and Supported Employment.

SUBSTANCE ABUSE

Alcohol and Drug Dependency Services (ADDS) www.addsiowa.org
 122 N. Main St., Mt. Pleasant **319-385-2216**
 Hrs: 8am –5pm Monday-Friday
 Services: outpatient services, education and prevention services, residential treatment (Burlington facility), consultation, employee assistance programs, crisis intervention, substance abuse screenings, operating while intoxicated screenings, driving unimpaired classes, juvenile diversion classes and problem gambling treatment.

Alcoholics Anonymous www.aa-iowa.org
 24 hour hotline..... **319-385-9213**
 Call for information about 12 step program and/or weekly support group meeting times. Sites include Mt. Pleasant & Salem.

Drug Free Communities..... **319-385-8126**
 See Children, Youth and Families section.

Iowa Residential Treatment Center

1200 E. Washington, Mt. Pleasant..... 319-385-7231
Residential inpatient and outpatient, substance abuse treatment.

TRANSPORTATION

Burlington Trailways

2005 E. Washington St., (Iris St. & E. Highway 34) Mt. Pleasant..... 319-385-2103

RSVP Retired Senior Volunteer Program www.healthyhenrycounty.org/rsvp.htm

407 S. White St., Mt. Pleasant..... 319-385-6547
Provides medical transportation for seniors and those with disabilities. Call at least 48 hours in advance for appointments.

SEIBUS www.seirpc.com/seibus/route.html

200 Front St. Suite 400, Burlington 866-753-5107
Monday - Friday. Available to the general public and is wheelchair accessible. Transportation provided county-wide on Tuesdays, Wednesdays and Thursdays. Call for appointment at least 24 hours in advance. Medical shuttle to Iowa City hospitals and clinics on Tuesdays and Thursdays, excluding holidays.

UTILITIES

Mt. Pleasant www.cityofmountpleasantiowa.org

Electric, Water, Sewer, Garbage 319-385-2121
Cable Television: Mediacom www.mediacomcc.com 800-332-0245
Gas: Alliant Energy www.alliantenergy.com 800-255-4268
Telephone: Windstream Communications www.windstream.com 800-347-1991
Access Energy www.accessenergycoop.com 866-242-4232 or 800-452-7819 (after hrs)

New London www.newlondoniowa.org

Cable Television: Mediacom www.mediacomcc.com 800-332-0245
Gas: Alliant Energy www.alliantenergy.com 800-255-4268
Electric, Water, Sewer, Garbage 319-367-7701
Telephone: Windstream Communications www.windstream.com 800-347-1991

Salem

Electric Services: Alliant www.alliantenergy.com 800-255-4268
Cable Television: Cable Direct 888-365-6988
Water, Sewer, Garbage: City Hall 319-258-4531
Telephone: Windstream Communications www.windstream.com 800-347-1991

Wayland www.waylandiowa.com

Electric Services: Alliant www.alliantenergy.com 800-255-4268
Telephone Service and Cable TV: Farmers & Merchants 319-256-2736
Gas, Water, Sewer: City Hall..... 319-256-3276

Winfield www.winfieldiowa.com

Cable TV: Cable Direct 888-365-6988
Electric Services: Alliant www.alliantenergy.com 800-255-4268
Telephone: Windstream Communications www.windstream.com 800-347-1991
Gas, Water, Sewer, Garbage: City Hall..... 319-257-6661

Rural Water: Rathbun Regional Water www.rrwa.net 641-647-2416 or 800-233-8849

Iowa One Call – Call before digging..... 811 or 800-292-8989

WELLNESS

Anytime Fitness www.anytimefitness.com

700 N. Grand Ave., Mt. Pleasant..... 319-385-2033

Family Nutrition Program www.extension.iastate.edu/families/adults

ISU Extension office, Mt. Pleasant..... 319-385-8126
Free 8 week class through ISU Extension for families with children 10 years or younger. Classes teach shopping and saving when buying healthy foods, fruits & veggies, whole grains, calcium, protein, making changes (soda and fast food), and staying active. Included in each lesson is nutrition information, activity, and a cooking presentation, demonstration, or tasting. Call for details and to sign up for the next class.

Henry County Health Center (programs may require physician referral) www.hchc.org

407 S. White St., Mt. Pleasant..... 319-385-3141
Better Choices/Better Health 6-week chronic disease self-management workshop
..... 319-385-6500

Cardiac & Pulmonary Rehab Phase III outpatient exercise program 319-385-6504

Ideal Protein weight loss program 319-385-6500

Massage Therapy 319-385-6102

Muscles in Motion exercise program in the Rehab Services Department, \$25/month
..... 319-385-6102

Nutrition Counseling..... 319-385-6143

Smoking Cessation six week program..... 319-385-6504

Hy-Vee Dietitian Services <http://www.hy-vee.com/stores/dietitian/default.aspx?s=109>

1700 E. Washington St., Mt. Pleasant..... 319-385-2266
Offers personalized shopping assistance, nutrition counseling and community presentations.

Iowa Wesleyan College – Howe Activity Center Walking Track

Available for public use Monday – Friday 6:30am-9am, 11:30am-1:30pm, 5:30pm-7pm unless an IWC event is scheduled or campus is closed. Walkers should bring a different pair of walking shoes than they wear in. No strollers. Children must be supervised. IWC reserves the right to close the track without notice.

Mapleleaf Athletic Complex - Outdoor track available for public use

E. Mapleleaf Dr., east of Lincoln St., Mt. Pleasant

Mt. Pleasant Farmers Market www.mpfarmmarket.org

Wright Pavilion at McMillan Park, Mt. Pleasant
May – October Wednesdays 4-6pm, Saturdays 8:30-11am

Mt. Pleasant Park & Recreation

<http://cityofmountpleasantiowa.org/citysite/parkandrec/default.aspx>

220 W. Monroe St., Mt. Pleasant..... 319-385-1475
Offers a variety of preschool, youth and adult programs.

The REC Center www.mpreccenter.com

200 E. Monroe St., Mt. Pleasant **319-385-2960**

The REC Center is a multi-purpose facility which includes a multi-purpose room, gymnasium, two racquetball courts, lap pool, spa, indoor track, weight & cardio equipment and full locker rooms. Numerous Programs and Classes are available at the REC Center such as Land & Water Fitness Classes, Cycling Classes, Dance & Tumbling, Healthy U Afterschool Program, Basketball, Volleyball and Racquetball Leagues and many more!

PARKS, TRAILS & RECREATION AREAS

East Lake Park **319-385-1475**

120 acre park located on the east end of Mt. Pleasant on Lexington Ave. Facilities include a three field softball complex, two shelter houses, a gazebo, picnic tables, restrooms, 2 playground areas, 3 sand volleyball courts, a 6.5 acre pond with a paved trail all around, 4 lighted tennis courts, 5 field soccer complex, 9 horseshoe courts, and a driving range. Home of the Mt. Pleasant Disc Golf Course.

Geode State Park

3333 Racine Avenue, Danville..... **319-392-4601**

Lake Geode is a 1,640 acre park located in the southeast corner of Henry County, near Denmark and Danville. Activities include hiking, biking, swimming, boating and camping surrounding the 186 acre lake.

Mt. Pleasant Aquatic Center

Saunders Park, behind Henry County Health Center **319-385-1475**

Mt. Pleasant Recreation Trails..... **319-385-1475**

The Mt. Pleasant Recreation Trails offer year-round activity opportunities for people of all ages! Wide, paved trails offer scenic routes for walking, running or biking. The trail starts on Oakland Mills Road behind KILJ as a gravel trail through to Iowa Avenue/Main Street. The trail then continues as a paved trail, winds around the High School and ends at East Lake Park.

Oakland Mills Park and Nature Center

2593 Nature Center Drive, Mt. Pleasant **319-986-5067**

Located 4 ½ miles south of Mount Pleasant, on the banks of the Skunk River, this 104 acre area boasts camping, cabins, trails, fishing and guided canoe trips. The Oakland Mills Nature Center provides a close-up view of nature's treasures. Home of the Riverview Disc Golf Course, a free course open year round.

Recreation Areas -

Gibson Recreation Area 240 acre recreation area. 1259 260th St., Mt. Pleasant

Hoaglin Woods 40 acres. 3189 Benton Ave., Mt. Pleasant

Mud Creek Recreation Area 52 acre multi-use area. 2570 312th St., Danville

For more information about these and other recreation areas, contact the Henry County Conservation Department's Office at **319-986-5067**.

Saunders Park **319-385-1475**

60-acre park located in the heart of the city next to the hospital. Facilities include the **Mount Pleasant Family Aquatic Center**, playground equipment, two shelter houses, two gazebos, and a log cabin.

United Thru Play Playground

At the former Saunders School at White St. and Madison St., Mt. Pleasant. Children's playground equipment.

Healthy Henry County Communities

Healthy Henry County Communities (HHCC) is about people: volunteers, community leaders, educators, and others working together to help build a stronger, safer, healthier community. Our programming encompasses the entire age continuum and makes an impact on all segments of the community. This programming is driven by the commitment of local residents to create a positive, healthy environment for everyone in the community. Through collaboration and innovation, hundreds of people in Henry County have created, sustained, and continue to grow the Healthy Communities initiative.

Learn more at: www.HealthyHenryCounty.org
or follow us at www.facebook.com/HealthyHenryCounty